

This protocol is to be implemented when someone is considered to have COVID-19. Early detection of symptoms will facilitate the immediate implementation of these control measures. To help reduce the risk of spreading COVID-19, SONL will evaluate the next steps for each program if a participant is considered to have COVID-19. Each program is to keep detailed attendance records and follow the Attendance Protocol.

Anyone who has COVID-19 symptoms, has tested positive, is a close contact of someone with COVID-19 who has symptoms, or has been advised to self-isolate is not permitted to attend a program or competition.

For up-to-date information on symptoms go to: <https://www.gov.nl.ca/covid-19/public-health-guidance/covid-19/symptoms/>

If you start to have symptoms of COVID-19:

- Stay at home and [self-isolate](#) immediately
- Complete the [COVID-19 Self-Assessment and Referral Tool](#). If you cannot access the self-assessment tool, please contact 811.

Do not visit your family doctors' office and only go to your Emergency Department if it is an emergency.

If you have COVID-19:

- You are considered to have COVID-19 if:
- You tested positive on a rapid test.
- You tested positive on a PCR test.
- You are a close contact of someone who has COVID-19, and you have [symptoms](#).

If this applies to you, follow Public Health's'

- [You have COVID-19 Flowchart](#) and [Guidance for Positive Cases](#)
- Stay at home and [self-isolate](#) immediately.
- Use the [Self-Isolation Assessment Tool](#) to determine how to isolate.

Contact Tracing

If you are considered to have COVID-19 you will need to notify:

- your close contacts that you have COVID-19 as soon as possible.
- SONL's Executive Director or Program Director that you have COVID-19 as soon as possible.

Who is a close contact?

To determine who is a close contact follow the [Close Contacts Flowchart](#) found under Guidance for Positive Cases at <https://www.gov.nl.ca/covid-19/>

Participants can return to in-person programs three (3) days after their isolation has ended as suggested by public health.

For up-to-date information on COVID-19 in NL, go to www.gov.nl.ca/covid-19/

For information on COVID-19 for individuals with disabilities, go to:

<https://www.gov.nl.ca/covid-19/life-during-covid-19/vulnerable-populations/persons-with-disabilities/>

When the Executive Director or Program Director is notified a participant who was at a program is considered to have COVID-19, they must:

- Respect privacy laws and reveal only to the Club Coordinator that a participant in their Club has been identified and considered to have COVID-19. No names will be disclosed.
- Support the Club Coordinator who will notify all participants registered in the program, and any additional participants who may have been exposed by using the contact tracing form, in a timely manner that a participant was identified and considered to have COVID-19.
- Support the Club Coordinator and provide messaging to email participants including the link for the [Contact Notification Letter](#) found on Public Health's website. <https://www.gov.nl.ca/covid-19/>
- Ensure the Club Coordinator notifies the Venue Manager in a timely manner.
- SONL in conjunction with the Club Executive will determine if the program is to be paused and support the Club Coordinator with messaging and communication to participants.

The Executive Director will also:

- Advise the SONL Board of Directors of the case and action taken.
- Advise the CEO of Special Olympics Canada of the case.
- Provide key messaging for staff and the Club Coordinator as needed to ensure all are providing a consistent message.

Throughout the self-isolation period, the Executive Director, Program Director or Club Coordinator may contact and do a wellness check with the individual who has COVID-19 and all participants who were in attendance to ensure they have the support they require.

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Program Director,
Kim McDonald-Wilkes
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IMPORTANT NOTE:

Be aware of member privacy when disclosing information. The name of the individual will not be disclosed, only that a participant is considered to have COVID-19.

ATTENDANCE PROTOCOL & TRACKER

BEFORE EACH PROGRAM & COMPETITION

- All participants must be either registered in full (Athlete/Volunteer registration form, participant waiver, & proof of vaccination) or complete the Event Participation Waiver and provide proof of vaccination.
- All participants must show proof of vaccination and be considered fully vaccinated to attend. Please review our [Proof of Vaccination Policy](#) for more details.
- All participants are asked to assess/screen themselves for symptoms of common cold, influenza, COVID-19, or other infectious respiratory disease using the Screening Questionnaire.
- This applies to staff, athletes, volunteers, parents/caregivers, 1 on 1 support, and anyone who intends to go to the program or competition.
- If a participant is showing any symptoms, has been identified as a close contact of someone who is positive for COVID-19 or is isolating for any reason they are to stay home and NOT attend the program or competitions.
- If a participant is showing symptoms, they should complete the [COVID-19 Self- Assessment and Referral Tool](#) or contact 811 if they do not have online access.

DURING EACH PROGRAM & COMPETITION

- Designate a location to complete attendance & screening that maintains physical distancing (2m/6ft).
- Attendance is to be taken at each program & competition using either the SONL provided attendance tracker or an online form containing all required information.
- Using the Screening Questionnaire, each participant will be screened upon arrival.
- If a participant is unable to answer the questions on their own, have a support person present to assist.
- If a participant answers yes to any of the screening questions the Positive Case Protocol is to be enacted.
- Participants are reminded to follow all public health guidance during programs and competition. (Wear a non-medical mask, physical distancing, good person hygiene and sanitation).

AFTER EACH PROGRAM & COMPETITION

- Attendance is to be entered in the Special Olympics Canada Portal as soon as possible.
- Attendance information is to be kept for contact tracing/reporting purposes.

SCREENING QUESTIONNAIRE

1. Do you have ONE of the following COVID-19 symptoms?

- Fever (including chills or sweats)
- Cough (new or worsening)
- Shortness of breath/difficulty breathing
- Sore throat or difficulty swallowing (not related to a known cause/condition)
- Unusual headache
- Unusual fatigue or lack of energy
- New onset of muscle aches
- Loss of appetite
- Vomiting or diarrhea (more than 24 hours)
- Loss of sense of taste or smell
- Runny, stuffy, or congested nose (not related to seasonal allergies or other known causes/conditions such as being outside in cold weather)

