Special Olympics programs are divided into two streams: Community and Competitive.

Community Sport

- Community Sport programs are recreational and/or developmental sport programs for athletes of all ages, regardless of ability or experience. They are typically run once a week in communities across PEI. Athletes participating in Community Sport are not excluded from also participating in competitive sport programs and competition. Community Sport programs may include but are not limited to:
 - Active Start and FUNdamentals youth programs
 - Community Multi-sport Programs
 - Community Wellness programs
 - Recreational participation in one of Special Olympic Canada's eighteen (18) official Sports (Policy 5000-20)
 - -Unified Sport

Competitive Sport

• Competitive Sport programs include one (1) of the eighteen (18) official sports recognized by Special Olympics Canada (Policy 5000-20). These programs offer various opportunities to compete in events at a local, Provincial, National, and International level.

NOTE: In communities where Community Sport and Competitive Sport programs are combined, athletes will still have to specify at registration time if they are participating for recreational or competitive purposes. This is done so that there is no confusion when it comes time to select Provincial Teams.

Program Volunteer Titles

Please refer to Policy 5000-21 for definitions for the program volunteer titles of Head Coach, Assistant Coach, Program Volunteer, Event Volunteer, and Junior Volunteer.

Program Cancellation Policy

Program cancellations for any reason will be communicated by the head coach to program participants. Special Olympics PEI will assist in posting information online or through email. Program cancelation notification plans are to be set at the start of programming and each member in the program informed of the process.

See policy 5000-15 for further guidelines.