

**ARTICLE IV:**

**5-Pin Bowling Rules**

The Special Olympics Canada (SOC) Official Sports Rules shall govern all SOC 5-Pin Bowling competitions. As a national sport program SOC has created these rules based upon the Canadian 5-Pin Bowling Associations' (CFPBA) rules for 5-Pin Bowling competitions. CFPBA rules shall be employed except when they are in conflict with the SOC Official Sports Rules. In such cases, the following sections outlining the SOC Official 5-Pin Bowling Rules shall apply.

**SECTION A:**

**Official Events**

1. Singles Competition
2. Team Competition (a team consists of five participants).

**SECTION B:**

**Rules of Competition**

1. At National Games, competition for both events will be done under a scratch format (no handicap – not pins over average). Each player will play a total of 9 games. At Regional/Provincial/Territorial Games, the number of games can be adjusted based on the number of days and number of lanes available.
2. 5-pin bowling events shall be divisioned by gender and then ability.
3. Divisioning for the singles and teams competition will be done after the first 6 games based on the total score of those 6 games. For the team competition, the total score for each of the 5 players after 6 games will be added together. Note: There will be no play-off format.
4. For the Singles competition, the event will consist of a men's and a women's division. The final score will be the total of all nine games. Note: There will be no play-off format.
5. For the Team competition, the event will consist of a men's and a women's division. Co-ed team(s) shall compete in the men's division. The team score will be the total of all 5 players' scratch scores for all nine games during the individual tournament. Note: No additional games will be played for the Team event.

6. For National Games, participants must submit their current season's average. Entry averages for athletes competing at a National Games will be the athlete's current League Average.
7. The current season's average must be supported by an official League Record Sheet certified by the coach, instructor and/or proprietor.
8. The current season's average must be determined at a club and/or house level based upon a minimum of twenty-five (25) games.
9. At National Games, only participants, coaches and officials will be allowed in the bowling area. The "bowling area" shall be defined as the bowling lane, the scoring table, and the adjacent seating area for the competing participant(s), and as defined by the Tournament Committee.
10. An individual with a visual impairment may have coaches give them pre-delivery assistance. The coach and/or instructor may properly align the athlete, but cannot assist in the delivery of the ball.
11. All athletes using a ramp must direct the coach/instructor on how to align the ramp. The only exception to this rule is for athletes with visual impairment (see point #10).
12. At National Games, participants shall play a maximum of three (3) games per day.
13. All athletes and coaches must be dressed uniformly and in proper bowling attire. Such attire includes a collared shirt and pants with a straight hemmed bottom. Denim, sweat pants, stir-up pants, spandex and hats shall not be permitted.