

4 Divisions – 17 Teams (4-4-4-5)							
GREEN		BLUE		RED		YELLOW	
Team A	QUESNEL FURY	Team E	Terrace Spirit Bears	Team K	Kamloops 1 (mens)	Team P	Campbell River Rocks
Team B	Kamloops 2 (womens)	Team F	Burnaby Wildcats	Team L	Prince George FIRE ON ICE	Team Q	South Okanagan Rockstars
Team C	Prince George RED ROCKETS	Team G	YUKON	Team M	Burnaby Wolves	Team R	Burnaby Smashers
Team D	Langley	Team H	Abbotsford	Team N	Campbell River Curl Jam	Team S	Region 5 - Vancouver
						Team T	Port Alberni

TIME	FRIDAY FEB 3, 2023					
8:00am-10:45am	Divisioning					
10:45am-11:00am	Coaches Meeting & Division Assignment					
	Sheet 1		Sheet 2		Sheet 3	
11:00am-12:45pm	QUESNEL FURY	Kamloops 2 (womens)	Terrace Spirit Bears	Burnaby Wildcats	Kamloops 1 (mens)	Prince George FIRE ON ICE
1:00pm-2:45pm	Prince George RED ROCKETS	Langley	YUKON	Abbotsford	Burnaby Wolves	Campbell River Curl Jam
2:45pm-4:15pm	Ice Clean					
4:30pm-6:15pm	QUESNEL FURY	Prince George RED ROCKETS	Terrace Spirit Bears	YUKON	Kamloops 1 (mens)	Burnaby Wolves
6:30pm-8:15pm	Kamloops 2 (womens)	Langley	Burnaby Wildcats	Abbotsford	Prince George FIRE ON ICE	Campbell River Curl Jam
	Sheet 4		Sheet 5		Sheet 6	
11:00am-12:45pm	Region 5 - Vancouver	Burnaby Smashers	Port Alberni	South Okanagan Rockstars		
1:00pm-2:45pm	Burnaby Smashers	Port Alberni	Campbell River Rocks	Region 5 - Vancouver		
2:45pm-4:15pm	Ice Clean					
4:30pm-6:15pm	South Okanagan Rockstars	Region 5 - Vancouver	Burnaby Smashers	Campbell River Rocks		
6:30pm-8:15pm						

4 Divisions – 17 Teams (4-4-4-5)						
SATURDAY FEB 4, 2023						
	Sheet 1		Sheet 2		Sheet 3	
7:30am-9:15am	QUESNEL FURY	Langley	Terrace Spirit Bears	Abbotsford	Kamloops 1 (mens)	Campbell River Curl Jam
9:30am-11:15am	Kamloops 2 (womens)	Prince George RED ROCKETS	YUKON	Burnaby Wildcats	Burnaby Wolves	Prince George FIRE ON ICE
11:00am-12:30pm	Ice Clean					
12:30pm-2:15pm	GREEN: 3rd v 4th		BLUE- 3rd v 4th		RED: 3rd vs 4th	
2:30pm-4:15pm	GREEN- 1st v 2nd		BLUE - 1st v 2nd		RED - 1st vs 2nd	
	Sheet 4		Sheet 5		Sheet 6	
7:30am-9:15am	Port Alberni	Campbell River Rocks	South Okanagan Rockstars	Burnaby Smashers		
9:30am-11:15am	Campbell River Rocks	South Okanagan Rockstars	Region 5 - Vancouver	Port Alberni		
11:00am-12:30pm	Ice Clean					
12:30pm-2:15pm						
2:30pm-4:15pm						
4:30pm	AWARDS					
5:00pm	Depart for Hotel					