



Cross Country Skiing Schedule  
 Stake Lake Trails  
 5140 Lac Le Jeune Rd, Kamloops,

<b>Friday, February 3, 2023</b>		
<b>Time</b>	<b>Event</b>	<b>Venue</b>
9:15 a.m.	5 km Skate Final 5 km Classic Divisioning	Stake Lake Trails
10:00 a.m.	1 km Skate Divisioning 1 km Classic Divisioning	
11:00 a.m.	7.5 km Skate Final 7.5 km Classic Final	
1:00 p.m.	500 m Divisioning	
1:15 p.m.	2.5 km Skate Final	
1:30 p.m.	2.5 km Classic Divisioning	
<b>Saturday, February 4, 2023</b>		
9:30 a.m.	500 m Final	Stake Lake Trails
9:45 a.m.	5 km Classic Final	
10:20 a.m.	1 km Skate Final 1 km Classic Final	
11:05 a.m.	10 km Skate Final 10 km Classic Final	
1:00 p.m.	100 m Final	
1:15 p.m.	2.5 km Classic Final	
2:30 p.m.	Awards	

**Some events only run once as finals due to distance or small numbers.**