

## Women in Soccer: Weekend Schedule

**Special Olympics**  
Alberta



Date	Time	Description	Location
<b>Friday - June 10, 2022</b>			
	4:00pm-9:00pm	Out of Town Arrivals	Grant Macewan University Residence
	4:00pm-9:00pm	Dinner is on own and up to each team.	
<b>Saturday - June 11, 2022</b>			
	8:00am-9:00am	Breakfast & Transportation • <i>Provided for out of town members only</i>	Grant Macewan University Residence
	10:00am	Athletes Arrival	Edmonton Croatia Soccer Club
	10:15am	Welcome Address	
	10:30am-12:00pm	Soccer drills and Coaches Session	
	12:00pm-1:00pm	Lunch	
	1:00pm-2:00pm	Mental Training Session	With Danae Frentz
	2:15pm-3:45pm	Fitness and Agility Training	
	4:00pm-5:00pm	Nutrition Session	With Erin Smandych
	5:00pm	BBQ Dinner	
	7:00pm	Travel back to residence	
<b>Sunday - June 12, 2022</b>			
	7:00am-8:00am	Breakfast & Transportation • <i>Provided for out of town members only</i>	
	9:00am-12:00pm	Mini Tournament • <i>Athletes/teams will be mixed.</i>	
	12:15pm	Travel back to residence	