

Olds Phoenix Presents: 2022 Rubber Ducky Classic Swim Meet



DATE: SUNDAY 5 June at 8:30 am – 4:30 pm

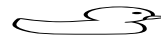
LOCATION: Olds Aquatic Centre has a 5 lane, 25 meter pool @ 5303-46 Avenue

Schedule:

Time	MORNING	Time	AFTERNOON
8:30 am	Registration *	12:30pm **	Approx Lunch Time
8:45 am	Coach Meeting	1:00 pm	Session 2 Starts
9:00 am	Swimmer Warm Up		Events 21-38
9:05-9:20	Official Meeting	4:30 pm **	Depart for Home
9:25 a.m.	Watch Check		With Personal Pizza
9:30 a.m	Session 1 – Events 1-20		

**Final Confirmation of Swimmers attending. Pre-Registrations to be online via HyTek.*

*** Approximate times only. Meet Manager may adapt the number of entries.*

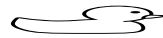


ENTRIES:

1) Swimmers are limited to a maximum of five (5) individual swims plus relays.
2) We request that entries be provided as a file from Hy-Tek Team Manager. Please contact Graeme to receive the registration file and then to resubmit to g.gordon@oldsnet.ca. Entries are required by 29 May 2022.

- 1) Entry times are required for all individual events. Please make your best guess if needed,
- 2) **Please pre-register all swimmers as deck entries will not be accepted. Scratches are requested to be by 9 am to the Clerk of the Course.**
- 3) Entries must be submitted with the following information:
 - o swimmers name, gender, date of birth, club, event, event number & entry time
 - o provide swimmers names each relay entry.

ENTRY FEES: \$20.00 per swimmer; \$10 per coach.




- 1) Cheques can be made payable to **Special Olympics Olds & District.**
- 2) Entry fees for all swimmers submitted are requested upon arrival with cheque to Special Olympics Olds & District or e-transferred prior to: 4drjbrown@gmail.com.
- 3) Entry fees include: Personal Pizza prior departure. Order sheets are attached to this document. **Please send food orders by 29 May to: swim.wt@gmail.com**
- 4) **ELIGIBILITY:** Entries will only be accepted for swimmers who are currently registered in the Special Olympic database.

ENTRY DEADLINE: Entries and fees are due midnight Sunday 29 May 2022.

EVENTS: Swimmers are allowed up to five (5) events plus relays. 

Male Event Number	Session 1 – Commences 9:30 am	Female Event Number
1	100 M Freestyle	2
3	25 M Freestyle	4
5	25 M Freestyle Assisted*	6
7	25 M Breaststroke	8
9	100 M Butterfly	10
11	50 M Backstroke	12
13	50 M Backstroke Assisted*	14
15	100 M Individual Medley IM	16
17	50 M Fly	18
19	4 X 25 M MIXED Freestyle Relay**	19
20	4 X 25 M MIXED Freestyle Relay Assisted*, **	20
Break	Session 2-Commences at 1 pm (Approximately)	
21	100 M Breaststroke	22
23	25 M Backstroke	24
25	25 M Backstroke Assisted*	26
27	100 M Backstroke	28
29	50 M Freestyle	30
31	50 M Freestyle Assisted*	32
33	25 M Butterfly	34
35	50 M Breaststroke	36
37	4 X 50 M MIXED Medley Relay**	37
38	4 X 50 M MIXED Freestyle Relay**	38


*Assisted may be with: Life Jacket, Kickboard, Float belt, Pool Noodle or Coach in Water.

** Mixed relays contain 4 personnel total – whatever mix of M & F required to make a team. 

MEET RULES: The meet will be conducted under published FINA Swim rules, supplemented by approved Swim Alberta rules and regulations. The Special Olympics Alberta policies and procedures are applicable where appropriate.

DIVING RULES and Water Entry rules:

- 1) Race Starts will be conducted from Starting blocks as per FINA FR 2.3 and SW 4.1. Deck starts are permitted. Swim Meet Warm Up starts must be feet first entry only.
- 2) In-water starts will be conducted by Canadian Facility Rule CFR 2.3.1, CSW 4.1.2.

RESULTS: A copy of the results will be sent home with the Coach. Further results can be requested by emailing g.gordon@oldsnet.ca 

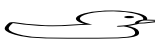
Awards:

There will be ribbons for athletes placing up to 3rd position. Every swimmer receives a participation ribbon.

PARKING AND FACILITIES:

- 1) There is space for parking at the Pool, and the Fine Arts Centre just south of the pool.
- 2) Lockers are available. Please bring a lock for your locker.
- 3) Swimmers may keep their belongings with them on deck.
- 4) NO GLASS CONTAINERS are permitted on deck.

CHANGES: Meet management reserves the right to modify the meet program to allow for maximum number of swims in time allotted. Coaches will be advised of any changes to the program.

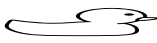
Officials & Volunteers – Thank you for your interest, and we welcome your help! 

- 1) **If you are interested in assisting with the Meet, please email by 22 May 2022:**
swim.wt@gmail.com.
- 2) Please advise your qualifications: Timer, Stroke & Turn, Safety Marshall, Runner, Head Timer, etc.
- 3) **Officials Attire: White Shirt, Black Shorts or Pants; with appropriate indoor footwear. Official Meeting 9:05 am in the party room.**

Accommodations: 

- 1) Ramada Inn and Suites – (403) 507-8349; 500-6700-46 Street in Olds
- 2) Pomeroy Inn and Suites (403) 556-8815; 4601-46th Avenue

If questions arise, please contact:

- 1) Meet Manager & Officials Coordinator: Teena Wilks swim.wt@gmail.com, Cell (403) 390-2002
- 2) Swim Meet Fees: Darren Brown 4drjbrown@gmail.com. Cell (403) 507-5954
- 3) Entry Official: Graeme Gordon: g.gordon@oldsnet.ca, or text cell (403)415-5639 
- 4) Olds SO Chair Person: Karen Mengersen: karen.mengersen@gmail.com, (403)559-8265

	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
16								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
17								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
18								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
19								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
20								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
21								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
22								
	TIMES FOR SWIMMER							
	Name	DOB	M/F	SWIM	Swim	Swim	Swim	Swim
23								
	TIMES FOR SWIMMER							



Relays:

Entries due 29 May 2022 to g.gordon@oldsnet.ca, Cell (403)415-5639

Coach Worksheet for Relay Teams: Team: _____

Options:

(Mixed Teams may contain 4 members with any combination of Male or Female)

- 1) Mixed 4 X 25 M Freestyle Relay
- 2) Mixed 4 X 25 M Freestyle Assisted Relay *
- 3) Mixed 4 X 50 M Freestyle Relay
- 4) Mixed 4 X 50 M Freestyle Assisted Relay *
- 5) Mixed 4 X 50 M Medley Relay

#	Mixed Relay Type	Swimmer 1	Swimmer 2	Swimmer 3	Swimmer 4

* For Assisted Relays – If one member of the team is assisted, please list the Relay Team under Assisted relay category. Assisted swimmer can utilize: Lifejacket, Float belt, Flip Board or Coach in water.

