



2021 Coaches Symposium Schedule

Elk Ridge Resort – October 15th-17th, 2021

Friday, October 15th

- **Registration**
Time: 5:00pm – 6:00pm
Room: Wapiti ABC
- **Welcome to the 2021 Coaches Symposium**
Ben Lozinsky & Jen Schultz – SOS Staff
Time: 6:00pm – 6:45pm
Room: Wapiti ABC
- **Sport Specific Breakouts**
Ben Lozinsky & Jen Schultz – SOS Staff
Time: 6:45pm – 7:30pm
Room: Wapiti ABC
- **Welcome Social**
Time: 8:00pm – Bedtime
Room: The Wyld

Saturday October 16th

- **Breakfast**
Time: 8:00am – 8:30am
Room: Wapiti ABC
- **NCCP Multi-Sport Module - Basic Mental Skills**
Rob Tomyne – Master Coach Developer, Coaches Association of Saskatchewan
Time: 8:30am – 10:15am
Room: Wapiti ABC
- **Networking Break**
Time: 10:15am – 10:30am

Special Olympics Saskatchewan

The George Reed Centre for Special Olympics Saskatchewan
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Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities





Saturday October 16th – Continued

- **NCCP Multi-Sport Module - Basic Mental Skills**
Rob Tomyn – Master Coach Developer, Coaches Association of Saskatchewan
Time: 10:30am – 12:00pm
Room: Wapiti ABC
- **Networking Lunch**
Time: 12:00pm – 1:00pm
Room: Wapiti ABC
- **Take Good Care: When you are looking after others. Who's looking after you?**
Georgette Reed - Health and Wellness Coordinator, Edmonton Fire Rescue Services
Time: 1:00pm – 2:15pm
Room: Wapiti ABC
- **Networking Break**
Time: 2:15pm – 2:30pm
- **Diversity & Inclusion: Indigenous, First Nations, & Sport**
Dr. James Makokis & Anthony Johnson
Time: 2:30pm – 3:45pm
Room: Wapiti ABC
- **Networking Break**
Time: 3:45pm – 4:00pm
- **SOS Updates**
Ben Lozinsky, Jen Schultz, Jaret Dezotell – SOS Staff
Time: 4:00pm – 5:00pm
Room: Wapiti ABC
- **Dinner**
Time: 6:00pm – 7:00pm
Room: Wapiti ABC
- **Saturday Night Social – Scavenger Hunt**
Lindsay Randall - Learning Facilitator, Special Olympics Saskatchewan
Time: 7:00pm – 10:00pm
Room: Wapiti ABC



Sunday October 17th

- **Breakfast**
Time: 8:30am – 9:00am
Room: Wapiti ABC
- **Diversity & Inclusion: LGBTQ2+ & Sport**
Dr. James Makokis & Anthony Johnson
Time: 9:00am – 10:15am
Room: Wapiti ABC
- **Networking Break**
Time: 10:15am – 10:30am
- **Self-Massage and the Athlete**
Al Bodnarchuk - Consultant, Sport Medicine & Science Council of Saskatchewan
Time: 10:30am – 12:00pm
Room: Wapiti ABC
- **Lunch & Departure**
Time: 12:00pm