

## You Are Invited

Red Deer Special Olympics

## 2020 SWIM MEET- QUAILIFIER FOR PROV. GAMES

When:	Saturday February 1, 2020	
Where: Time:	Michener Cent	nd 38 <sup>th</sup> Avenue
	Registration –	10:30am - 11:00 a.m.
	Warm ups -	11:30 a.m. – 12:30 am
	Meet Starts - 12:30 p.m.	
	Finish	6:00 pm
	Dinner	6:30 pm (after the swim meet is over)

Events: Athletes may enter a **maximum** of six events

Fee: \$50.00 Registration fee per Athlete (includes a remembrance item for each Athlete and dinner)

\$30.00 for the Coaches (this includes dinner)

Entry Deadline: DECEMBER 20, 2019 for the first 125 Athletes (early due to Christmas holidays)

Enclosed in your package are the grid sheets for MEN and WOMEN, as well as an athlete medical sheet, should any of your Athletes have special needs.

There is also a scratch sheet to help speed up scratches. Please enter your CLUB name, Athletes name and Event #'s.

Please note that we have added 5A 25 M BACK MIXED & 7A 25M FREE MIXED- these events are for the swimmers who cannot quite swim 25 m without support. They can use a float device, lifejacket, or have support in the water with them. This is to encourage our swimmers who are just coming up to be able to swim the 25M length. This also is to encourage the inclusion of all Special Olympic swimmers.

At the end of the meet all Athletes, Coaches/Volunteers are invited to stay for dinner which will be provided. Please let us know how many EXTRAS will be coming other than the Athletes and coaches. The cost per plate for extras is \$30.00.

**DINNER:** 6:30 p.m (approximately). following the end of the Meet. It will be held at:

## **CROSSROADS CHURCH GYM** - directions in your package

38105 Range Road 275, Red Deer, AB T4S 2N4

65W3+7X Red Deer, Red Deer County, AB

crossroadschurch.ca

Any questions or concerns please don't hesitate to call me 403-885-4653 H) 403-598-7363 (C)

Please return all entries to:

E-mail sordswim@gmail.com

Red Deer SO Swim Meet

## When sending in the Grid sheets, please use the Word Format so we can open and print them easily.

Please use black pen and print clearly so we can read both the names and entry times if mailing them in. Box 395 BLACKFALDS, AB T0M 0J0. Thank you and hope to see you in February 2020.

Connie Biro Meet Manager RDSO

Directions to .Michener Pool (RED DOT)

