



## Special Olympics BC to celebrate Eunice Kennedy Shriver Day in Langley

On Saturday, September 22, people around the world will celebrate Eunice Kennedy Shriver's inspirational spirit and her vision for a more inclusive, respectful world in the third annual EKS Day. Special Olympics programs and communities worldwide will be hosting events full of inclusive sport and play to honour Mrs. Shriver's legacy.

Special Olympics BC will be hosting a **sports day for everyone to experience the Special Olympics spirit of joy, inclusion, and empowerment through sport**. The event will feature fun for all!

- Individuals with intellectual disabilities who might not yet be involved as athletes will have opportunities to try out some of the great sports on offer in Special Olympics;
- children with intellectual disabilities and their families can find out more about the fun, friendly SOBC youth programs;
- community members looking to volunteer can find out why SOBC curling coach Mike says he feels he's "become a better person through being involved with SOBC... [because of] the things I've learned from the athletes – the kindness they show to each other, and how they conduct themselves in the community";
- and everyone can enjoy joining in with or cheering on the sports, and have fun meeting local Special Olympics athletes.

Plus there will be snacks on hand and prizes to be won! Those who register in advance will be entered in a draw for a Vancouver Canucks stick signed by Alex Burrows. Register with Cari Henri at [chenri@specialolympics.bc.ca](mailto:chenri@specialolympics.bc.ca) or 604.737.3082.

### **When**

Saturday, September 22  
10 a.m. to 2 p.m.

### **Where**

Langley Events Centre  
East Turf Field

### **About EKS Day**

Eunice Kennedy Shriver Day is celebrated around the world to honour her life and impact and share her story to inspire new fans. We hope to inspire people of all ages to follow her example and commit themselves to improving the world for people with intellectual disabilities.

As founder and honorary chairperson of Special Olympics and executive vice president of the Joseph P. Kennedy, Jr. Foundation, Eunice Kennedy Shriver was a leader in the worldwide struggle to improve and enhance the lives of individuals with intellectual disabilities for more than five decades. Eunice Kennedy Shriver's actions helped open the minds of all people to the gifts and talents of individuals with intellectual disabilities. She believed in their possibilities, and inspired all of us to make a difference. Eunice Kennedy Shriver demonstrated an indomitable spirit in action that one person could make a difference and change the world. Her lasting legacy must be our continued commitment to improve and transform the lives of the 200 million people



worldwide with intellectual disabilities who still live with diminished opportunities and social disrespect, and are often neglected and hidden away.

[www.eksday.org](http://www.eksday.org) | [www.eunicekennedyshriver.org](http://www.eunicekennedyshriver.org)

### **About Special Olympics BC**

Special Olympics BC is dedicated to providing individuals with intellectual disabilities opportunities to enrich their lives and celebrate personal achievement through positive sport experiences. In 55 communities around the province, we provide year-round training and competitive opportunities in 18 different sports to more than 3,900 athletes of all ages and abilities, thanks to the dedication of over 2,600 volunteers.

[www.specialolympics.bc.ca](http://www.specialolympics.bc.ca)

### **Contact**

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