

2025 SOBC SUMMER GAMES - REGION 3 TEAM as of June 30, 2025

Region	Local	Name	Role	Sport
3 Fraser Valley	3 Provincial Games	Gerry Sinclair	Assistant Coach	Softball
3 Fraser Valley	3A Chilliwack	Adam Holmes	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Jacqueline Cooper	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	James Cooper	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	James Fulcher	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Jamie Barisoff	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Jennifer Holmquist	Assistant Coach	Soccer
3 Fraser Valley	3A Chilliwack	Justin Blenkin	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Kamila Zielinski	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Kyle McMillan	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Richard Walker	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Shelby Holmquist	Head Coach	Soccer
3 Fraser Valley	3A Chilliwack	Suzanne Smith	Assistant Coach	Soccer
3 Fraser Valley	3A Chilliwack	Yoshi Doldersum	SO Athlete	Soccer
3 Fraser Valley	3A Chilliwack	Dorothy Franson	Assistant Coach	Swimming
3 Fraser Valley	3A Chilliwack	Jeffrey Both	SO Athlete	Swimming
3 Fraser Valley	3A Chilliwack	Melinda Franson	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Billy Chan	Assistant Coach	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Kayla Willms	SO Athlete	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Lori Urban	SO Athlete	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Mena Fielding	SO Athlete	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Steven Seminuk	SO Athlete	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Victor Wong	SO Athlete	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Won Jun Lee	SO Athlete	10 Pin Bowling
3 Fraser Valley	3B Coquitlam	Devon Marsland-Anderson	SO Athlete	Basketball
3 Fraser Valley	3B Coquitlam	Erick Gondim	SO Athlete	Basketball
3 Fraser Valley	3B Coquitlam	Ariel Taylor	SO Athlete	Bocce
3 Fraser Valley	3B Coquitlam	Jay Prentice	SO Athlete	Bocce
3 Fraser Valley	3B Coquitlam	Lauren Hogan	SO Athlete	Bocce
3 Fraser Valley	3B Coquitlam	Nathan McManamna	SO Athlete	Bocce
3 Fraser Valley	3B Coquitlam	Tina Taylor	Assistant Coach	Bocce

3 Fraser Valley	3B Coquitlam	Andrew Metcalf	Program Volunteer	Golf
3 Fraser Valley	3B Coquitlam	Austin Johnston	SO Athlete	Golf
3 Fraser Valley	3B Coquitlam	Eric Bruneau	SO Athlete	Golf
3 Fraser Valley	3B Coquitlam	Hayden Metcalf	SO Athlete	Golf
3 Fraser Valley	3B Coquitlam	Lois McNary	Event Volunteer	Mission Staff
3 Fraser Valley	3B Coquitlam	Mark Schnurr	Event Volunteer	Mission Staff
3 Fraser Valley	3B Coquitlam	Sheila Hogan	Event Volunteer	Mission Staff
3 Fraser Valley	3B Coquitlam	Abby Sudom	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3B Coquitlam	Chloe Best	Assistant Coach	Rhythmic Gymnastics
3 Fraser Valley	3B Coquitlam	Fiona Hall	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3B Coquitlam	Jessie Au	Head Coach	Rhythmic Gymnastics
3 Fraser Valley	3B Coquitlam	Adam Advocaat	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Bradley Laforce	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Brian Thurston	Assistant Coach	Softball
3 Fraser Valley	3B Coquitlam	Charlene Gidora	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	David Taylor	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Dawn Heisz	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Derek Pastro	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Donald Pruger	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Jared De Araujo	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Jazmin Thurston Saucedo	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Jennifer Barrett-Green	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Joel Jensen	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Joshua Chen	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Julie Keldsen	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Karl Anderson	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Karl Baily	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Kaydence Stowell	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Kayla Logan	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Kevin Fillier	Assistant Coach	Softball
3 Fraser Valley	3B Coquitlam	Kyle McLaughlin	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Matthew MacLean	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Noah Musgrave	Assistant Coach	Softball

3 Fraser Valley	3B Coquitlam	Rebecca Fisher	Head Coach	Softball
3 Fraser Valley	3B Coquitlam	Reid Demelo	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Rene Girard	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Taylor Lawrence	Assistant Coach	Softball
3 Fraser Valley	3B Coquitlam	Terrance Poirier	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Timothy Johnson	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	TJ Marshall	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Truman Nguyen	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Tyler Bardell	SO Athlete	Softball
3 Fraser Valley	3B Coquitlam	Alicia Waet	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Amy Nelson	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Daria Ungurean	Assistant Coach	Swimming
3 Fraser Valley	3B Coquitlam	David Dubreuil	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Kristina Wiebe	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Matthew Bueschkens	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Matthew Chen	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Melinda Markser	Assistant Coach	Swimming
3 Fraser Valley	3B Coquitlam	Michelle Stowell	Assistant Coach	Swimming
3 Fraser Valley	3B Coquitlam	Nicholas Libera	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Pedram Moshirfatemi	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Phillip Lopresti	Assistant Coach	Swimming
3 Fraser Valley	3B Coquitlam	Sara Treharne	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Sean Casey	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Sean McDougall	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Stephen Hands	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Tracy LaBerge	SO Athlete	Swimming
3 Fraser Valley	3B Coquitlam	Alexa Yonge	SO Athlete	Track & Field
3 Fraser Valley	3B Coquitlam	Calista Aldaba	SO Athlete	Track & Field
3 Fraser Valley	3B Coquitlam	Joanne Turnbull	Head Coach	Track & Field
3 Fraser Valley	3B Coquitlam	Matthew Groenke	SO Athlete	Track & Field
3 Fraser Valley	3B Coquitlam	Niamh Mullen	SO Athlete	Track & Field
3 Fraser Valley	3C Surrey	Adam Martell	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Alexa Munro	SO Athlete	10 Pin Bowling

3 Fraser Valley	3C Surrey	Craig Jean	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Debra Munro	Head Coach	10 Pin Bowling
3 Fraser Valley	3C Surrey	Jamie Thompson	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Jason Ross	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Juskarn Lehal	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Katie Johnson	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Lance McVannell	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Mark Heywood	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Michel Elshof	Assistant Coach	10 Pin Bowling
3 Fraser Valley	3C Surrey	Raminderjit Lehal	Head Coach	10 Pin Bowling
3 Fraser Valley	3C Surrey	Shannon Hutchinson	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Sheila Simpson	Assistant Coach	10 Pin Bowling
3 Fraser Valley	3C Surrey	Sheila Snell	Assistant Coach	10 Pin Bowling
3 Fraser Valley	3C Surrey	Stacey Kohler	SO Athlete	10 Pin Bowling
3 Fraser Valley	3C Surrey	Carmel Hashemi	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Clemence Andrews	Assistant Coach	Basketball
3 Fraser Valley	3C Surrey	Gurminder Dhaliwal	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Hansel Castro	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Kevin Forbes	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Mustafa Sarwari	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Riley Scheltgen	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Theresa Laitar	SO Athlete	Basketball
3 Fraser Valley	3C Surrey	Patricia Milne	Assistant Coach	Golf
3 Fraser Valley	3C Surrey	Sheila Snell	Event Volunteer	Mission Staff
3 Fraser Valley	3C Surrey	Jotham Polege	SO Athlete	Powerlifting
3 Fraser Valley	3C Surrey	Vineeta Shakamuri	Assistant Coach	Powerlifting
3 Fraser Valley	3C Surrey	Goldett Northup	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3C Surrey	Jeevan Basra	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3C Surrey	Jennifer Utendale	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3C Surrey	Katie Oliver	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3C Surrey	Krista Milne	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3C Surrey	Sarbjit Basra	Assistant Coach	Rhythmic Gymnastics
3 Fraser Valley	3C Surrey	Alexander Blaschuk	SO Athlete	Soccer

3 Fraser Valley	3C Surrey	Anne Gibson	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Cristian Crowe	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	David Boudreau	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	David Tellier	Assistant Coach	Soccer
3 Fraser Valley	3C Surrey	Dylan Johnson	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Geoff Uttley	Head Coach	Soccer
3 Fraser Valley	3C Surrey	Jayden Wells	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Jesse Thibeault	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Kayla Tellier	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Kevin Lilley	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Malcolm Borsoi	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Marc Theriault	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Rick Bussey	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Ryland Mallari	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Scott La Roue	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Terralyn Polege	Head Coach	Soccer
3 Fraser Valley	3C Surrey	Thien Lam	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Thuc Nguyen	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Tram Lam	Assistant Coach	Soccer
3 Fraser Valley	3C Surrey	William Dillon	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Zackery Thibeault	SO Athlete	Soccer
3 Fraser Valley	3C Surrey	Carl Willing	SO Athlete	Softball
3 Fraser Valley	3C Surrey	James Laitar	SO Athlete	Softball
3 Fraser Valley	3C Surrey	Jay Laitar	SO Athlete	Softball
3 Fraser Valley	3C Surrey	Mark Hamblett	SO Athlete	Softball
3 Fraser Valley	3C Surrey	Michael Scott	Head Coach	Softball
3 Fraser Valley	3C Surrey	Salavdin Manji	SO Athlete	Softball
3 Fraser Valley	3C Surrey	Andrea (Tamara) Gowdyk	SO Athlete	Swimming
3 Fraser Valley	3C Surrey	Felicia Thomas	SO Athlete	Swimming
3 Fraser Valley	3C Surrey	Kristina Ettema	SO Athlete	Swimming
3 Fraser Valley	3C Surrey	Lawrence Miller	SO Athlete	Swimming
3 Fraser Valley	3C Surrey	Sean Beddows	SO Athlete	Swimming
3 Fraser Valley	3C Surrey	Sean Oliver	Assistant Coach	Swimming

3 Fraser Valley	3C Surrey	Stephanie Eldridge	SO Athlete	Swimming
3 Fraser Valley	3C Surrey	Kayley Hendsbee	SO Athlete	Track & Field
3 Fraser Valley	3C Surrey	Olivia Neuman	SO Athlete	Track & Field
3 Fraser Valley	3C Surrey	Sherri Liles-Birkett	Assistant Coach	Track & Field
3 Fraser Valley	3C Surrey	Stephanie Divin	SO Athlete	Track & Field
3 Fraser Valley	3C Surrey	Susan Wang	SO Athlete	Track & Field
3 Fraser Valley	3D Ridge Meadows	Daniel Ugwuoke	SO Athlete	Bocce
3 Fraser Valley	3D Ridge Meadows	Diane Stevenson	Assistant Coach	Bocce
3 Fraser Valley	3D Ridge Meadows	Emma Doucette	SO Athlete	Bocce
3 Fraser Valley	3D Ridge Meadows	Tammy Roantree	SO Athlete	Bocce
3 Fraser Valley	3D Ridge Meadows	Connelle Fasenko	Event Volunteer	Mission Staff
3 Fraser Valley	3D Ridge Meadows	Jayden Holt	SO Athlete	Soccer
3 Fraser Valley	3D Ridge Meadows	Coby Dandridge	SO Athlete	Swimming
3 Fraser Valley	3D Ridge Meadows	James Burns	SO Athlete	Swimming
3 Fraser Valley	3D Ridge Meadows	Jessica Couture	SO Athlete	Swimming
3 Fraser Valley	3D Ridge Meadows	Reilly Powell	SO Athlete	Swimming
3 Fraser Valley	3D Ridge Meadows	Kai Gillmore	SO Athlete	Track & Field
3 Fraser Valley	3D Ridge Meadows	Kevin Gillmore	Assistant Coach	Track & Field
3 Fraser Valley	3E Abbotsford	Clara Driedger	SO Athlete	Basketball
3 Fraser Valley	3E Abbotsford	Emmett Lavery	SO Athlete	Basketball
3 Fraser Valley	3E Abbotsford	Seza Korajian	SO Athlete	Basketball
3 Fraser Valley	3E Abbotsford	Bradley Funk	SO Athlete	Bocce
3 Fraser Valley	3E Abbotsford	Crystal Moorman	SO Athlete	Bocce
3 Fraser Valley	3E Abbotsford	Elizabeth Brulot	SO Athlete	Bocce
3 Fraser Valley	3E Abbotsford	Leslie Bowling	Assistant Coach	Bocce
3 Fraser Valley	3E Abbotsford	Samuel Hall	SO Athlete	Bocce
3 Fraser Valley	3E Abbotsford	George Cooper	Assistant Coach	Golf
3 Fraser Valley	3E Abbotsford	Donna Bilous	Team Manager	Mission Staff
3 Fraser Valley	3E Abbotsford	Patty Wheeldon	Event Volunteer	Mission Staff
3 Fraser Valley	3E Abbotsford	Lee McCook	SO Athlete	Powerlifting
3 Fraser Valley	3E Abbotsford	Paige Norton	SO Athlete	Powerlifting
3 Fraser Valley	3E Abbotsford	Rowan Bergen	SO Athlete	Powerlifting
3 Fraser Valley	3E Abbotsford	Marley Thompson	SO Athlete	Rhythmic Gymnastics

3 Fraser Valley	3E Abbotsford	Mykaela Stewart	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3E Abbotsford	Rebecca Beisel	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3E Abbotsford	Robyn Styles	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3E Abbotsford	Daniel Van Dongen	SO Athlete	Soccer
3 Fraser Valley	3E Abbotsford	Andrew Nikkel	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Bradly Barnett	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Brandon Car	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Brandon MacArthur	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Colin Sexton	Head Coach	Softball
3 Fraser Valley	3E Abbotsford	Jessica Funk	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	John Pham	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Josh French	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Lindsay Atkinson	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Mike Palitti	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Ty Edwards	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Tyson Martens	SO Athlete	Softball
3 Fraser Valley	3E Abbotsford	Adam Friesen	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	Ashley Rosenberger	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	Brandon Mouangsouvanh	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	James Clifford	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	James Taylor	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	Nicole Fraser	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	Robert Rosenberger	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	Todd Moore	SO Athlete	Swimming
3 Fraser Valley	3E Abbotsford	Daniel Boshart	SO Athlete	Track & Field
3 Fraser Valley	3E Abbotsford	Thomas Marsh	SO Athlete	Track & Field
3 Fraser Valley	3E Abbotsford	Trevor Klassen	SO Athlete	Track & Field
3 Fraser Valley	3E Abbotsford	Victoria Happy	Assistant Coach	Track & Field
3 Fraser Valley	3E Abbotsford	Zachary Werden-Yule	SO Athlete	Track & Field
3 Fraser Valley	3F Langley	Andy Trieu	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Brayden Greer	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Brian Cronkhite	Assistant Coach	Basketball
3 Fraser Valley	3F Langley	Emet Kutney	SO Athlete	Basketball

3 Fraser Valley	3F Langley	Evan Curr	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Janet Cronkhite	Assistant Coach	Basketball
3 Fraser Valley	3F Langley	Jarred Fox	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Jeremy Wright	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Julia Wood	SO Athlete	Basketball
3 Fraser Valley	3F Langley	June MacKay	Assistant Coach	Basketball
3 Fraser Valley	3F Langley	Kevin Galbraith	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Krista Sanders	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Liz Wood	Assistant Coach	Basketball
3 Fraser Valley	3F Langley	Marcus Fauchon	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Megan Tudhope	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Micheal Kutney	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Randy Curr	Assistant Coach	Basketball
3 Fraser Valley	3F Langley	Shane Winter	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Shauna Waddell	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Tyler Page	SO Athlete	Basketball
3 Fraser Valley	3F Langley	Carol Bernier	SO Athlete	Bocce
3 Fraser Valley	3F Langley	Christine Magnusson	SO Athlete	Bocce
3 Fraser Valley	3F Langley	Christopher Lakusta	SO Athlete	Bocce
3 Fraser Valley	3F Langley	Jessica Vandrishe	SO Athlete	Bocce
3 Fraser Valley	3F Langley	Laurie Lakusta	Assistant Coach	Bocce
3 Fraser Valley	3F Langley	Hudson Shelvey	Assistant Coach	Golf
3 Fraser Valley	3F Langley	Matthew Williams	SO Athlete	Golf
3 Fraser Valley	3F Langley	Ryerson Shelvey	SO Athlete	Golf
3 Fraser Valley	3F Langley	Hailey Hansen	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3F Langley	Marissa Metcalfe	SO Athlete	Rhythmic Gymnastics
3 Fraser Valley	3F Langley	Ashleigh King	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Brent Ponak	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Emily Roberts	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Jade Deakin	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Jenifer Burton	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Jennifer King	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Juan Pilor	Assistant Coach	Swimming

3 Fraser Valley	3F Langley	Kayla Brouwer	Assistant Coach	Swimming
3 Fraser Valley	3F Langley	Kevin Pilor	SO Athlete	Swimming
3 Fraser Valley	3F Langley	Marilyn Farquhar	Assistant Coach	Swimming
3 Fraser Valley	3F Langley	Monique Deakin	Head Coach	Swimming
3 Fraser Valley	3F Langley	Andrea Zonneveld	SO Athlete	Track & Field
3 Fraser Valley	3F Langley	Chris Beugh	SO Athlete	Track & Field
3 Fraser Valley	3F Langley	Jadan Zilinski	SO Athlete	Track & Field
3 Fraser Valley	3F Langley	Jessi-lynn Gordon	SO Athlete	Track & Field
3 Fraser Valley	3F Langley	Karl Beugh	SO Athlete	Track & Field
3 Fraser Valley	3G Mission	Ashmita King	Assistant Coach	Soccer
3 Fraser Valley	3G Mission	Bill Johnstone	Head Coach	Soccer
3 Fraser Valley	3G Mission	Bryce Schaufelberger	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Dade Burns	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Dan Catarig	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Douglas Martin	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Justin King	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Liam Barry	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Matthew Burns	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Mitchell Howell	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Paul Potma	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Paul Tessaro	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Russel Reist	SO Athlete	Soccer
3 Fraser Valley	3G Mission	Tony Carter	SO Athlete	Soccer