



Supporting Individuals with Autism in Recreation Settings

In this module coaches will receive additional training regarding autism, specific to sport and coaching. The four sections will introduce coaches to autism and what it looks like in a recreation setting, 1:1 strategies for supporting individuals with ASD, and group coaching strategies for supporting individuals with autism. This module was developed in collaboration with the Canucks Autism Network.

HOW-TO LOG IN FIRST-TIME USERS:

1. Go To <https://thelocker.coach.ca/>
2. Click “Don’t have an NCCP#? Create one now!”
3. Under **Registering with the Locker**, click the “Consent” box.
4. Click “Continue” and follow the onscreen instructions.

ALREADY HAVE AN ACCOUNT:

1. Login <https://thelocker.coach.ca/> using your NCCP# or email and password.
2. Find the “E-Learning” section from the list of **Profile Tabs** in red at the top of the page.
3. Select “Special Olympics” from the list on the left-hand side.
4. Select “Supporting Individuals with Autism in Recreation Settings” under the “Available” tab

Once you have completed the module, you will be able to:

- Explain autism and the characteristics of individuals with autism
- Better understand how to support individuals with autism
- Implement and use prompting and modeling in a recreational setting
- Effectively use visual supports and motivational strategies

Ensure you have exited out of the module using the red "Close evaluation" button at the bottom of the module.

This module will take you approximately 60-90 minutes to complete

To learn more about requirements and resources for Special Olympics NL coaches and volunteers please visit www.sonl.ca