

Making Head Way in Special Olympics

Making Head Way in Special Olympics is the NCCP's free, online answer to the prevalence and ambiguity of concussions in sport, specifically focused on individuals with an intellectual disability. Parents, coaches, and athletes all benefit from knowing as much as possible about concussions; this online learning tool developed in collaboration with CAC and Parachute is designed to help coaches gain the knowledge and skills required to ensure the safety of their athletes.

HOW-TO LOG IN FIRST-TIME USERS:

- 1. Go To https://thelocker.coach.ca/
- 2. Click "Don't have an NCCP#? Create one now!"
- 3. Under Registering with the Locker, click the "Consent" box.
- 4. Click "Continue" and follow the onscreen instructions.

ALREADY HAVE AN ACCOUNT:

- 1. Login https://thelocker.coach.ca/ using your NCCP# or email and password.
- 2. Find the "E-Learning" section from the list of **Profile Tabs** in red at the top of the page.
- 3. Select "Special Olympics" from the list on the left-hand side.
- 4. Select "Making Headway in Special Olympics" under the "Available" tab

After completing the NCCP Making Head Way in Special Olympics module, you will understand:

- how to prevent concussions.
- how to recognize the signs and symptoms of a concussion;
- what to do when you suspect an athlete has a concussion; and
- how to ensure athletes return to play safely.

Ensure you have exited out of the module using the red "Close evaluation" button at the bottom of the module.

To learn more about requirements and resources for Special Olympics NL coaches and volunteers please visit www.sonl.ca