



NCCP Sport Nutrition

The National Coaching Certification Program (NCCP) Sport Nutrition module provides coaches with education about basic sport nutrition principles. This eLearning module will provide an understanding of how to support athletes and their parents or caregivers to make effective nutrition choices.

HOW-TO LOG IN FIRST-TIME USERS:

1. Go To <https://thelocker.coach.ca/>
2. Click “Don’t have an NCCP#? Create one now!”
3. Under **Registering with the Locker**, click the “**Consent**” box.
4. Click “**Continue**” and follow the onscreen instructions.

ALREADY HAVE AN ACCOUNT:

1. Login <https://thelocker.coach.ca/> using your **NCCP# or email** and **password**.
2. Find the “**E-Learning**” section from the list of **Profile Tabs** in red at the top of the page.
3. Select “**Multi-sport**” from the list on the left-hand side.
4. Select “**NCCP Sport Nutrition**” under the “**Available**” tab

Coaches who are maintaining their trained or certified status will receive 5 Professional Development (PD) points upon completing this eLearning module. This module may also be required as part of a coach training or certification pathway for sports. For more information, [find your sport here](#).

This eLearning will take approximately 40-60 minutes to complete. You may complete the module in multiple sittings. Once you have completed NCCP Sport Nutrition, the module will appear in your coach transcript.

Ensure you have exited out of the module using the red "Close evaluation" button at the bottom of the module.

To learn more about requirements and resources for Special Olympics NL coaches and volunteers please visit www.sonl.ca