

SPECIAL OLYMPICS BC - Cross Country Skiing Criteria for Sanctioning of Competition

SPORT RULES

Refer to SOC Sport Rules and SOBC Exceptions to the SOC Sport Rules (if applicable). Rules can be found on the Special Olympics BC website www.specialolympics.bc.ca at

Resources → Sport Rules, Resources and Videos → Cross Country Skiing

DIVISIONING

Due to the facility and time restrictions often faced at a Regional Qualifier the following divisioning procedure is suggested.

1. Local Coaches identify times generated by their athletes at events no earlier than three (3) months prior to the regional qualifier.
 - Should an athlete produce a time faster than the seed time submitted to the organizing committee prior to the regional qualifier the coach is obligated to submit the new time to the organizing committee prior to the start of the event.
2. The Competition Coordinator, Race Secretary and a SOBC Staff Representative will division athletes based on the Special Olympics Canada Divisioning Process.

FACILITY

The competition venue should comply with the requirements dictated in the Special Olympics Canada Official Sport Rules keeping in mind that availability may require deviations from these recommendations. In situations, which require such a deviation, the Competition Coordinator is required to contact the Provincial Office for facility approval.

In addition to the venue requirements listed in the SOC Official Rules Book participants should also have access to the following facility amenities:

- Access to washroom facilities for Male and Female participants
- Separate changing facilities for Male and Female participants
- Fully accessible to all participants, i.e. participants with a physical disability.
- Access to waxing facilities, (Organizing Committees are not expected to provide waxing equipment rather just a location so teams can wax).
- Warming huts, (permanent or temporary).

SPORT OFFICIALS

Due to the technical nature of the sport of cross country skiing the following officials, (refer to the attached form) must be in place prior to applying for sanctioning from the Provincial Office, (form must be included with the application for sanctioning). For assistance in recruiting individuals appropriate for these roles please contact the SOBC Provincial Office. Brief job descriptions for each of these positions can be found in the SOBC Event Planning Guide for cross country skiing.

MINIMUM STANDARDS

2.5KM Freestyle, 5KM Classic, 5KM Freestyle, 7.5KM Classic, 7.5KM Freestyle, 10KM Classic, 10KM Freestyle

Distance	Qualifying Time (Female)	Qualifying Time (Male)
2.5KM Classic	35:54	27:36
2.5KM Freestyle	23:52	17:41
5KM Classic	47:38	47:06
5KM Freestyle	39:24	34:38
7.5KM Classic	1:09:30	52:04
7.5KM Freestyle	1:12:31	1:17:16
10KM Classic	1:31:47	1:13:09
10KM Freestyle	55:02	59:37

MEDICAL REQUIREMENTS

The following are the minimum requirements for medical coverage at a Cross Country competition.

- One (1) Doctor and Two (2) First Aid Attendants at Start and Finish, (preferably trained in ski related events, i.e. prepared for temperature and remote location).
- Access to a snowmobile and rescue sled

Special Olympics BC – Cross Country Skiing
Primary Officials Registration Form

The Officials listed on this form must be certified under the 'Official Certification Program' of their respective National/Provincial Sport Organization. Officials not presently registered with Special Olympics BC must complete the 'Special Olympics BC – One Day Volunteer Form' to be covered under the organizations insurance policy.

POSITION	NAME	HOME TELEPHONE	ALTERNATE TELEPHONE	E-MAIL
Chief of Competition				
Race Secretary				
Chief of Stadium				
Chief of Course				
Chief of Timing				

