#### Special Olympics Camrose Fall Winter Schedule 2017-18

# Functional Fitness, MVM, Gateway Centre downstairs 4825 – 51 St. (Fridays 4:30 – 5:30 pm): \$75.00 per session or \$240.00 for session 1 – 4. Head Coach: Ryan Sandberg, 780.608.5624

Session 1 - Sept. 8, 15, 22, 29 Oct. 6, 13, 20, 27 Nov. 3, 10, 17, 24

Session 2 - Dec. 1, 8, 15, 22 Jan. 5, 12, 19, 26 Feb. 2, 9, 16, 23

Session 3 - Mar. 2, 9, 16, 23 Ap. 6, 13, 20, 27 May 4, 11, 18, 25

Session 4 - June 1, 8, 15, 22, July 6, 13, 20, 27, August 3, 10, 17, 24

# 5-Pin Bowling: TABB LANES, 5101-52 Ave. (Tuesdays – 4:00 – 6:00 pm): \$150.00 Head Coach: Kathy Gillis 780.672.9765 Asst.: Faye St.Onge 780.672.9844

September 26

October 3, 10, 17, 24, 31

November 7, 14, 21, 28

December 5

January 9, 16, 23, 30

February 6, 13, 20, 27

March 6, 13, 20, 27 March 24 (Tournament and Windup)

### 5-Pin Bowling: TABB LANES, 5101-52 Ave. (Wednesdays – 4:00 – 6:00 pm): \$150.00 Head Coach: Terri Lyseng 780.608.9126

September 27

October 4, 11, 18, 25

November 1, 8, 15, 22, 29

December 6

January 10, 17, 24, 31

February 7, 14, 21, 28

March 7, 14, 21, 28 March 24 (Tournament and Windup)

### Swimming Schedule: CAMROSE AQUATIC CENTER, 5600-44 Ave. (Mondays – 4:00 – 5:00 pm): \$40.00 Head Coach: Ashlynn Semmens 780.608.9304

September 25

October 2, 16, 23, 30

November 6, 20, 27

December 4

January 8, 15, 22, 29

#### February 3, Red Deer Swim Meet

February 5, 12, 26

March 5, 12, 19, 26

# Fitness-Walking/Running Indoor: COMMUNITY CENTER, 4516 54 St. (Mondays and Wednesdays – 6:30 – 7:30 pm): \$20.00 Head Coach: Kathie Bailey 905.259.4063

September 25, 27

October 2, 4, 11, 16, 18, 23, 25, 30

November 1, 6, 8, 15, 20, 22, 27, 29

December 4, 6

January 8, 10, 15, 17, 22, 24, 29, 31

February 5, 7, 12, 14, 21, 26, 28

March 5, 7, 12, 13, 19, 21, 26, 28

Basketball: SPARLING SCHOOL, 5216-52 Ave. (Sundays – 2:00 – 3:00 p.m. or 3:00 – 4:00 pm): \$40.00 Head Coach: Darian Smigorowsky 780.318.4862

October 1, 15, 22, 29 November 5, 19, 26 December 3 January 7, 14, 21, 28 February 4, 11, 25 March 4, 11, 18, 25

Curling: ROSE CITY CURLING CLUB, 4512-53 St. (Thursdays - 4:30 - 5:30): \$60.00 Contact: Jim Ofrim 780.608.5706

October 19, 26

November 2, 9, 16, 23, 30

December 7

X-C Skiing STONEY CREEK CENTER, 5320-39 Ave. (Wednesdays – 7:00 – 8:15 pm): \$75.00 Head Coach: Jim Ofrim 780.608.5706

January 10, 17, 24, 31 February 7

ROCK WALL: AUGUSTANA UNIVERSITY, 4901 – 46 Ave., (Thursdays, 7:30 – 9:30 p.m.) Contact: Kathie Bailey 905.259.4063

\$50.00

November 2, December 7, January 4, February 1, March 1

ACTIVE START, 0 – 6 year olds, Century Meadows Baptist Church (Saturdays, 11:00 a.m. – 12:00) \$20.00 Head Coach: Jason Delwo 780.679.5771 September 23, October 14, 28, November 18, 25, December 9 January 13, 27, February 10, 24, March 17, 24

CHRISTMAS PARTY FOR ALL FITNESS PROGRAMS: December 2, 2017 – 12:00 noon dinner at Centra Cam, S.O. Christmas Party