



POLAR PLUNGE.



FOR SPECIAL OLYMPICS
NORTHWEST TERRITORIES

ARE YOU BRAAAAVE ENOUGH!

Registration Starts 12 p.m. Event Begins 1:00 p.m.

Register At <https://sonwt.crowdchange.ca/54312>



LOCATION: Arctic Duchess Adventures far side (south side) of Joliffe Island in the Old Town. Parking is limited, alternative parking on the ice road.

www.arcticduchessadventures.com/services-9

Wear plunge gear under your warm clothing, waterproof shoes required while plunging, warm loose clothing to change into and towel and/or warm blanket.

Change rooms, warming tents, barrel sauna, fire pit and hot beverages available. **Please note minimum age to plunge is 16 years. Minor 16 to 18, parent/guardian must be present to sign waiver and during plunge.**

Proceed to Registration upon arrival with pledge sheets, collected donations and signed waiver.

FOR MORE INFORMATION

<https://www.specialolympics.ca/northwest-territories/events>

Facebook **[Special Olympics NWT - SONWT](#)**

Not able to plunge but still want to support Special Olympics N.W.T. - donate at:

<https://sonwt.crowdchange.ca/54312>