



Welcome to SO Coaches Corner!
Your monthly update highlighting
training opportunities for our valued
coaches and program volunteers!

Please be sure to check out all the
training and professional
development opportunities
available!

*"All coaching is, is taking a player
where he can't take himself."*

Bill McCartney

This issue includes several upcoming
training opportunities for both in class
and online
opportunities!

Along with training athletes, a coach also aids in
the development of their own coaching
personnel. Using a 3-step system, a coach can
more clearly define for their assistants or co-
coaches their roles. This system also provides a
guideline with which an assistant can grow into
their roles.

1. **Recommend:** A major growth step in the
head/assistant coach relationship is the
ability to be able to make recommendations
based on facts. Head coaches will consult
their coaching personnel for input, before
making a decision.

Based on research done on the part of
assistant/co-coach, they have an
opportunity to provide qualitative or
quantitative suggestions, and gain
credibility and confidence.

2. **Inform and Initiate:** The assistant/co-coach
informs the head coach of the best course
of action based on researched facts. The
assistant/co-coach should use phrases like,
"I think we should do this because I have
observed that..." The head coach wants to
be informed before action is taken to
prevent and possible unforeseen programs.
After informing the head coach the
assistant/co-coach is then free to initiate
the action.

This shows the head coach believes in the
ability of the assistant/co-coach but wants
to have that one level of authority left to
prevent mixed messaging.

3. **Action:** This is where the head coach has
given the assistant/co-coach full authority
to initiate and carry out a strategy to
competition. This is done because the head
coach has full confidence in the abilities of
the assistant/co-coach. Very often this
occurs when the head coach gives an
assistant/co-coach a group of athletes to
work with in practice. The assist/co-coach
and head coach have developed trust in
each other's abilities.

3 Steps to Empower You Coaching Personnel

Coaches, learn how to help in the development
of your coaching staff. Enroll in the [Manage a
Sport Program](#). The National Coaching
Certification Program (NCCP) multi-sport
modules series available through [Coaching NL](#)

[Coach Tool Kit](#) #CoachToolKit

Coach Funding

Coaching NL encourages coaches to
apply for financial assistance to further
their coaching education. Funding is
available for NCCP and non-NCCP
events. Applications are reviewed
quarterly, and successful applicants will
be rewarded up to a maximum of %50 of
the associated cost.

Applicants must be registered members
in a Provincial Sport Organization (PSO)
that is in good standing with Sport
Newfoundland and Labrador.

Application Forms are available online:
[Application Form](#)

Download, Print and submit the form.

OR

Complete the online form. If this option
is chosen you must submit a letter of
endorsement from you PSO. A template
for the letter is below.

[Letter Template](#)

[Online Form](#)

Additional information can be found at:
[www.coachingnl.ca](#)

Supporting Young Athletes who are Deaf and Hard of Hearing in a Mainstream Setting

This Coaches Resource Guide was written by
Carolyn Osborn and supported by Sport
Manitoba, the Manitoba Department of
Education and Advanced Learning, the
Manitoba Deaf Sports Association, the
Canadian Deaf National Swimming Team and
the Canadian Deaf Sport Associate. This
guide provides information on hearing loss,
principles in effective communication,
creating Deaf and Hard of Hearing friendly
environments, and certain sport specific
modifications.

[Resource Guide](#)



Your Online Training Portal

[www.solearn.ca](#) This site provides training,
certification, professional development and
learning resources for registered Athlete,
Coaches & Volunteers of Special Olympics
Canada!

SONL is proud to offer a FREE VOLUNTEER-
T-SHIRT to individuals who complete the SONL
Volunteer Training section (limited supplies)!

Visit [www.solearn.ca](#), click on Volunteers
then our province to find our Volunteer
Orientation Course. More details on page 4

Thank you Thursday

#GivingTuesday

Thank You Volunteers

The Special Olympics NL movement would not be possible without our hundreds of volunteers! From the bottom of our hearts! Thank you for your thousands of hours of dedication to our athletes!

Left-Right:

Training Coach Jill Robinson and her son Riley, cheering on his big sister Rhegan at the 2018 Special Olympics Canada Bowling Championships in PEI!



NCCP

National Coaching Certification Program

In Class Schedule

SPRING 2018

Central and Labrador Dates TBA

Competition-Introduction

(All courses to take place at Sport NL Building 129A Kenmount Road)

Sunday, March 4 9-10:30am

Nutrition

Sunday, March 4 11-5pm

Teach and Learn

Competition-Development

Thursday, May 10 6-10pm

Manage a Sport Program

Saturday, May 26-27 9-5pm

Performance Planning

Saturday, June 9 9-4pm

Advanced Practice Planning

Registration Info:

<https://thelocker.coach.ca/Account/Login>

Step 1: If you are already a member of the locker please enter your NCCP# or email and password.

If you have forgotten your password, or never had one it can be retrieved or created instantly.

Step 2: Once you have successfully entered your username and password click the "Calendar" tab in the top right corner of the website. Once you are in the event calendar you can sort it accordingly to find the course you wish to attend. You can filter the calendar by sport and province.

Step 3: Once you have clicked on the event you wish to take, the details will come up on the right side - click on "Register for this event"

If you never taken an NCCP course in any course on the Locker home page click on the link that says "[Don't have an account? Create one now!](#)"

Once you have received your NCCP password for the Locker you will be able to register for a course by following steps 2 and 3.

www.coachingnl.ca



SONL VOLUNTEER ORIENTATION



Get Your Free Volunteer T-Shirt! Sign Up!

Free Volunteer T-Shirt

Limited offer! The Newfoundland Volunteer Orientation Online Training is mandatory for all SONL Volunteers!! Sign up today!



COMMIT TO KIDS FOR COACHES ONLINE TRAINING

This online training provides coaches with practical information to help them enhance child and youth safety in sport. The goal of the training is to empower coaches and support the great work they are doing with child and youth athletes.

FAST FACTS

700

SONL has over 700 athletes!

1000

SONL has over 1000 volunteers!

FOR MORE INFORMATION

Go to www.solearn.ca

Click [Log In](#) (Top Right Hand Side)

Log in or create an account

Click on [Special Olympics Newfoundland Volunteer Orientation](#)

www.solearn.ca

Commit to Kids for Coaches Online Training

The Commit to Kids for Coaches online

training addresses the importance of understanding boundaries, sexual misconduct and reporting of inappropriate behavior.

Specifically, users will learn about:

- Child sexual abuse
- The grooming process
- How to handle disclosures of child sexual abuse
- The impact of child sexual abuse
- How to create a Child Protection Code of Conduct for your organization
- Policies and procedures to use to protect children in your organization
- The Canadian Centre for Child Protection's Commit to Kids child sexual abuse prevention program for child-serving organizations

How does the training work?

1. The training is delivered through a 2.5 hour online training course divided into 8 separate modules.
2. The training course can be completed in one or multiple sittings from a computer, tablet, or smartphone with access to the internet.
3. Once all 8 modules are completed, users will input their National Coaching Certification Program (NCCP) ID number and birthdate prior to starting the multiple choice knowledge validation test to facilitate the awarding of NCCP professional development (PD) points towards maintenance of certification.
4. In addition to the NCCP PD Points, a certificate of completion is made available for download immediately once the user has successfully completed the knowledge validation test.

How much does the training cost?

The cost of the Commit to Kids for Coaches online training is \$12 per individual with a NCCP ID number. (Contact kimm@sonl.ca if you are unsure of your NCCP number).

Access to the training is terminated when the certificate of completion is issued or after 60 days of the training license registration, whichever is

soonest. Clubs with 10 or more individuals can inquire about a group rate, as well as how to

obtain a free copy of the full Commit to Kids program. The training cost is non-refundable and does not include taxes. Notwithstanding, the Canadian Centre for Child Protection reserves the right to refuse or terminate access to anyone at any time, as its sole discretion.

How do I get started?

Individuals and small groups must [purchase a license](#) to access the training. Clubs with 10 or more individuals can contact 1-800-532-9135 to sign-up their team. You will be required to agree to an end-user license agreement before starting the training.

www.protectchildren.ca



CANADIAN CENTRE for CHILD PROTECTION™

Helping families. Protecting children.