SONL COACHES CORNER



Welcome to SO Coaches Corner! Your monthly update highlighting training opportunities for our valued coaches and program volunteers!

Please be sure to check out all the training and professional development opportunities available!

"As coaches, we equip people to be in touch with their best selves."

Clyde Lowstuter

This issue includes several upcoming training opportunities for both in class and online opportunities!

Concussions can occur while participating in any sport or recreational activity. Since the circumstances under which a concussion can be sustained are so varied. It's important for all coaches, parents, caregivers and athletes to be aware of the signs, symptoms and what to do if a concussion occurs.

These concussion awareness resources have been developed as part of the Public Health Agency of Canada's "Active & Safe" initiative and are designed to help you gain the knowledge and skills required to ensure the safety of your athletes. Get concussion smart via our award-winning "Making Head Way" eLearning modules, test your concussion IQ, or find out what happens during a concussion.

Concussion Awareness

Pocket Concussion Recognition Tool
Player Code of Conduct
Return to Play Guidelines
Concussion Guidelines to
Parents/Caregivers
Concussion Guidelines for Coaches
Concussion Guidelines for Athletes
Concussion Guidelines for Teachers

Coach Tool Kit #CoachToolKit

Coach Funding

Coaching NL encourages coaches to apply for financial assistance to further their coaching education. Funding is available for NCCP and non-NCCP events. Applications are reviewed quarterly, and successful applicants will be rewarded up to a maximum of %50 of the associated cost.

Applicants must be registered members in a Provincial Sport Organization (PSO) that is in good standing with Sport Newfoundland and Labrador.

Application Forms are available online: Application Form

Download, Print and submit the form.

OR

Complete the online form. If this option is chosen you must submit a letter of endorsement from you PSO. A template for the letter is below.

Letter Template

Online Form

Additional information can be found at: www.coachingnl.ca

Supporting Young Athletes who are Deaf and Hard of Hearing in a Mainstream Setting

This Coaches Resource Guide was written by Carolyn Osborn and supported by Sport Manitoba, the Manitoba Department of Education and Advanced Learning, the Manitoba Deaf Sports Association, the Canadian Deaf National Swimming Team and the Canadian Deaf Sport Associate. This guide provides information on hearing loss, principles in effective communication, creating Deaf and Hard of Hearing friendly environments, and certain sport specific modifications.

Resource Guide



Your Online Training Portal

www.solearn.ca This site provides training, certification, professional development and learning resources for registered Athlete, Coaches & Volunteers of Special Olympics Canada!

SONL is proud to offer a FREE VOLUNTEERT-SHIRT to individuals who complete the SONL Volunteer Training section (limited supplies)!

Visit <u>www.solearn.ca</u>, click on Volunteers then our province to find our Volunteer Orientation Course. More details on page 4



Thank You Volunteers

The Special Olympics NL movement would not be possible without our hundreds of volunteers! From the bottom of our hearts! Thank you for your thousands of hours of dedication to our athletes!

Left-Right:

Athlete Mark Peddle RothLochton's President Marty Gregory, SONL Board Chair Mark Dawe





NCCP

National Coaching Certification Program

In Class Schedule

SPRING 2018

Central and Labrador Dates TBA

Competition-Introduction (All courses to take place at Sport NL Building 129A Kenmount Road)

Sunday, March 4 9-10:30am Nutrition

Sunday, March 4 11-5pm Teach and Learn

Competition-Development

Thursday, May 10 6-10pm Manage a Sport Program

Saturday, May 26-27 9-5pm Performance Planning

Saturday, June 9 9-4pm Advanced Practice Planning

Registration Info:

https://thelocker.coach.ca/Account/Logi

Step 1: If you are already a member of the locker please enter your NCCP# or email and password.

If you have forgotten your password, or never had one it can be retrieved or created instantly.

Step 2: Once you have successfully entered your username and password click the "Calendar" tab in the top right corner of the website. Once you are in the event calendar you can sort it accordingly to find the course you wish to attend. You can filter the calendar by sport and province.

Step 3: Once you have clicked on the event you wish to take, the details will come up on the right side - click on "Register for this event"

If you never taken an NCCP course in any course on the Locker home page click on the link that says "Don't have an account? Create one now!"

Once you have received your NCCP password for the Locker you will be able to register for a course by following steps 2 and 3.

www.coachingnl.ca



COACHES CORNER | Issue 3



Free Volunteer T-Shirt

Limited offer! The Newfoundland Volunteer Orientation Online Training is mandatory for all SONL Volunteers!! Sign up today!



COMMIT TO KIDS FOR COACHES ONLINE TRAINING

This online training provides coaches with practical information to help them enhance child and youth safety in sport. The goal of the training is to empower coaches and support the great work they are doing with child and youth athletes.

FAST FACTS

700

SONL has over 700 athletes!

1000

SONL has over 1000 volunteers!

FOR MORE INFORMATION

Go to www.solearn.ca

Click Log In (Top Right Hand Side)

Log in or create an account

Click on <u>Special Olympics Newfoundland</u> Volunteer Orientation

www.solearn.ca

Commit to Kids for Coaches Online Training

The Commit to Kids for Coaches online

training addresses the importance of understanding boundaries, sexual misconduct and reporting of inappropriate behavior.

Specifically, users will learn about:

- Child sexual abuse
- The grooming process
- How to handle disclosures of child sexual abuse
- The impact of child sexual abuse
- How to create a Child Protection Code of Conduct for your organization
- Policies and procedures to use to protect children in your organization
- The Canadian Centre for Child Protection's Commit to Kids child sexual abuse prevention program for child-serving organizations

How does the training work?

- The training is delivered through a 2.5 hour online training course divided into 8 separate modules.
- The training course can be completed in one or multiple sittings from a computer, tablet, or smartphone with access to the internet.
- Once all 8 modules are completed, users will input their National Coaching Certification Program (NCCP) ID number and birthdate prior to starting the multiple choice knowledge validation test to facilitate the awarding of NCCP professional development (PD) points towards maintenance of certification.
- In addition to the NCCP PD Points, a certificate of completion is made available for download immediately once the user has successfully completed the knowledge validation test.

How much does the training cost?

The cost of the Commit to Kids for Coaches online training is \$12 per individual with a NCCP ID number. (Contact kimm@sonl.ca if you are unsure of your NCCP number).

Access to the training is terminated when the certificate of completion is issued or after 60 days of the training license registration, whichever is

soonest. Clubs with 10 or more individuals can inquire about a group rate, as well as how to

obtain a free copy of the full Commit to Kids program. The training cost is non-refundable and does not include taxes. Notwithstanding, the Canadian Centre for Child Protection reserves the right to refuse or terminate access to anyone at any time, as its sole discretion.

How do I get started?

Individuals and small groups must purchase a license to access the training. Clubs with 10 or more individuals can contact 1-800-532-9135 to sign-up their team. You will be required to agree to an end-user license agreement before starting the training.

www.protectchildren.ca



CANADIAN CENTRE for CHILD PROTECTION"

Helping families. Protecting children.