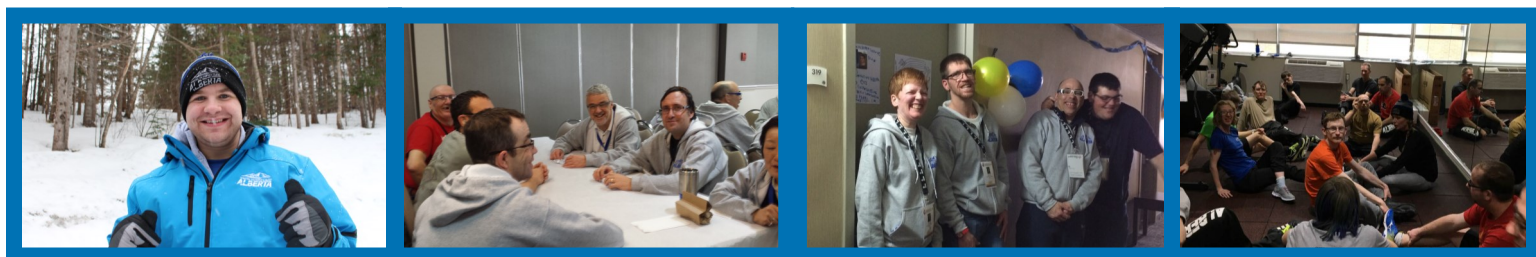




WINTER GAMES DAY PRE GAMES FEBRUARY 29

DATE

"The Team arrived safe and sound after a long day of travel and some welcome flurries. With a free day to habituate to weather and Atlantic time, Team Alberta was spreading Blue Pride everywhere they went. From hiking near Deer Lake to door decorating, Team Alberta was sure to show their pride and keep their fitness regime at their host venues. I would like to thank Corner Brook and all the enthusiastic volunteers who stayed up past midnight to greet Team Alberta and help them get settled in. It was the best kind of greeting an Albertan can get!" - Jill Mattson, Chef de Mission, Team Alberta



TEAM ALBERTA UPDATE



"Team Alberta snowshoeing explored Corner Brook's nature and finds geocache treasures!" Marie Powel, Team Alberta's snowshoeing head coach.

Team Alberta's Roughnecks floor hockey team was busy as a bee decorating doors with Team Alberta pride and took in the Corner Brook scenery with a brisk walk and followed up with a light work out. The Team finished the day with a delicious dinner and relaxing evening to get ready for the start of National Games.

Alpine, cross country and figure skating was excited to get to know the athletes village at Strawberry Hill Resort. The group explored the wilderness while figure skating created some stunning pieces to wear for opening ceremonies.



MASON COOK

I'm looking forward to pushing myself to the end.

Look out Corner Brook! Alberta is ready to make an entrance.