JANUARY 2018





Health Promotion

Special Olympics

Special Olympics PEI E-Newsletter

Links:

- Our Mission
- Join the team:
 - *As an Athlete
 - *As a Volunteer
 - *By Donating
- Our Sponsors
- Coaching Resources

Big Chill Bowling and Healthy Athletes

SOPEI are searching for volunteers willing to assist with a Health Promotion event on February 10th from 8:30-3:30pm at the Credit Union Place in Summerside. Experience within healthcare, students studying in the field, or keen volunteers are welcomed to join; there are

volunteer roles during this impactful event for everyone! Please accept the challenge of empowering our athletes by promoting

healthy behaviors and lifestyles. Please share this opportunity within your networks!

Register Now! The annual Big Chill 5-Pin bowling competition will be held

from 9:30am-4pm on February 10th at the Credit Union Place in Summerside. Cost is \$10 with bussing available from Charlottetown. For more information or to register please call 902-368-8919. Due to lane capacity, the first 80 athletes will be accepted for this event.

PEI Provincial Home Show is coming SOON!

Special Olympics PEI is thrilled to once again be Master Promotion's Charity of Choice at the PEI Provincial Home Show & PEI on the Move. A portion of the proceeds from this event will

- Kings County Ticket 200 Club Ongoing

<u>Fundraiser</u>

February 2-3 - SOC Snowshoe Coaching Module

- Atlantic Speed Skating Championships February 3-4

UPCOMING EVENTS: (Click Link for more info)

February 10 - Big Chill Bowling Competition and Health Promotion Screening @ CUP in Summerside

February 23-24 - RG Development—Team PEI Training

- Spread the Word to End the Word March 7

March 10 - Team PEI Training Camp #2



be donated to Special Olympics PEI. The Home Show & PEI on the Move runs March 9-11 at the Eastlink Centre in Charlottetown. As a fundraiser, we will be selling delicious ADL ice cream, donated by ADL. We would encourage everyone to check out this year's Home Show, and be sure to

stop by our booth for an ice cream. You will find Special Olympics PEI's booth on the PEI on the Move side of the show. We are still looking for volunteers to help scoop ice cream! If you have a couple of hours, and would like to volunteer at the Special Olympics PEI booth, please contact Sarah today at sarah@sopei.com.

Team PEI Draft an Athlete:

Islanders are invited to join our team by Drafting a Team PEI Athlete! The Team PEI Draft an Athlete program allows supporters of the Special Olympics movement to fund a Team PEI 2018 athlete's journey to National Games. Sponsorship through the Draft an Athlete program showcases your support for Special Olympics PEI athletes from your community, and will help offset the cost of these Games. Businesses and employees may pledge to Draft a Team PEI athlete by holding their own internal fundraiser or by making a corporate donation. To support Team PEI 2018 Draft an Athlete program or to learn more please visit our <u>Draft an Athlete</u> page on our website.

2018 LETR Polar Plunge

As part of the annual Law Enforcement Torch Run fundraising, law enforcement agencies from across Prince Edward Island are gearing up for the 6th Annual Polar Plunge for Special Olympics – "Freezin for a Reason" on April 8th, 2018. All proceeds from the event will go to Special Olympics PEI. Plungers will be soliciting donations from Islanders and we invite all Islanders to pledge, come out and watch, plunge or all three! Stay tuned for locations and pledge information being announced soon!

"Let me win. But if I cannot win, let me be brave in the attempt." - Athletes Oath

The Torch Run is an international initiative that began in 1981 when a run between Topeka and Kansas City raised over \$15,000 in support of Special Olympics. Since that time, the Torch Run has spread to over 20 countries involving over 50,000 law enforcement officers from a variety of policing agencies, raising over \$7 million worldwide. In PEI, every year law enforcement personnel from across the province take to the highways for a series of annual fundraisers, such as the Polar Plunge, that benefit Special Olympics PEI.

Contact us!

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SpecialOPEI

2017 Polar Plunge—Summerside Location



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