



**Special Olympics Saskatchewan - Athlete Leadership Program**  
**Athlete/Mentor Application Form**  
2017-2018

Please return completed form to Chelsea at [cfidler@specialolympics.sk.ca](mailto:cfidler@specialolympics.sk.ca).

**Athlete Information**

**Name:** \_\_\_\_\_ **Years in SO Program:** \_\_\_\_\_  
**Address:** \_\_\_\_\_ **SOS Chapter:** \_\_\_\_\_  
**Phone #:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_

**Courses**

Please indicate which pillar you would like to attend.

Note: All selected applicants will be required to attend the Introduction to Athlete Leadership training course.

X	Pillar	Course Description
<input type="checkbox"/>	Athlete Speaker Training	Includes initial training for athletes who want speaking experience and would like to learn speaking skills, speech writing and delivery.
<input type="checkbox"/>	Social Media Training	General training on usage of Facebook, Twitter and Instagram social media platforms. Includes effectiveness, safety, and appropriateness.

**Which community are you registering for?**

Regina       Saskatoon       Prince Albert       Swift Current

**Please indicate below why you wish to attend the Athlete Leadership Training:**

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**Athlete Commitment**

- Attend Athlete Leadership training and participate in the appropriate workshops and training opportunities.
- Provide a minimum of 2 presentations in local area within 12 months of completion of Athlete Leadership Training.

**Signature:** \_\_\_\_\_

**Mentor Information**

**Name:** \_\_\_\_\_ **18 Years or older:** Y      N  
**Address:** \_\_\_\_\_ **SOS Chapter:** \_\_\_\_\_  
**Phone #:** \_\_\_\_\_ **E-mail:** \_\_\_\_\_

**Roles of the Mentor**

- Get to know the athlete
- Be familiar with Special Olympics
- Always give encouragement, especially before a speech or event
- Provide support as needed
- Help athletes to express themselves
- Listen
- Commit to working with the athlete
- Act as a leadership “coach”
- Provide constructive feedback
- Work with parents, guardians or group home to explain what Athlete Leadership training is
- Help athlete stay on task
- Help athlete understand meeting minutes
- Look into further training opportunities for the athlete
- Look into opportunities for athlete to gain more practical experience
- Provide transportation, if needed
- Value your athlete’s opinions and preferences
- Work in a one-on-one relationship with your athlete to make their Athlete Leadership training experience as meaningful and educational as possible
- Be an advocate for the athlete
- Represent Special Olympics in a professional manner

**Please indicate below why you wish to attend the Athlete Leadership Training:**

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**Mentor Commitment**

- Attend Athlete Leadership training with your athlete and participate in the appropriate workshops and training opportunities.
- Work in a one-on-one relationship with your athlete during each course and locally during practical experience.
- Agree to a two-year commitment to partner with your athlete to make their Athlete Leadership training experience as meaningful and educational as possible.

**Signature:** \_\_\_\_\_

Thank you for your application! Please be advised that applications are accepted based on the following selection criteria:

- Minimum 2 years registered in a local Special Olympics program.
- Minimum 16 years of age (athlete) and 18 years of age (mentor).
- Signed commitments from Athlete and Mentor.
- Evaluation of above short essay questions.

Confirmation of registration will be emailed out as applications are accepted. If you have any questions, please feel free to contact Chelsea Fidler at 306-780-9406 or [cfidler@specialolympics.sk.ca](mailto:cfidler@specialolympics.sk.ca).